



Therapeutic Supervised Visitation (TSV) Program

The Chicago School[®]
FORENSIC CENTER



Interwoven
Community Counseling Center

What is Therapeutic Supervised Visitation?

Therapeutic supervised visitation (TSV) is a court-ordered service that allows parenting to have parenting time with their child(ren) in a structured environment supervised by a mental health professional. TSV is often ordered in divorce, separation, or parenting cases that are high-conflict in nature, where abuse has been present, and/or a parent/guardian has a history of poor parenting skills. In addition, families where there is a history of parental alienation may be suitable for TSV services.

Referral Process

Families who have been court-ordered to attend therapeutic supervised visitation may be referred to The Forensic Center's TSV program. Referral forms must be submitted by one party's attorney, the Guardian ad Litem, or Child Representative on the case. Parents/guardians will be reached out to after they are assigned a treatment provider. Referral parties must submit a copy of the court order with the referral and fill out the referral form in entirety (as applicable) in order to be enrolled in services or onto our waitlist. The Forensic Center will maintain a waitlist for families that need to be assigned to a treatment provider if the Center staff is at capacity.

Intake Process

The Intake Process will begin after the family is assigned a treatment provider. The treatment provider will meet with each family member (i.e.- custodial parent/guardian, non-custodial parent/guardian, and all children) **separately one to two times** to assess the readiness of the family to engage in TSV and construct plan for services. At the end of the intake process, treatment providers will make a determination regarding the family's suitability for participation in the TSV program. If they are found to be unsuitable, the Court and referral parties will be notified.

If the family is found to be suitable for the program, families will be asked to schedule standing appointment times as having consistent appointment times reduces the need for cancelations, rescheduling, and conflict between parents/guardians when attempting to schedule appointments. If the standing appointment time needs to be rescheduled, this can be done in coordination amongst both parents/guardians and the treatment provider. In addition, parents/guardians will be asked to sign a TSV agreement form outlining the policies for participation in the TSV program in order to reduce conflict during the process and ensure that all parties are fully apprised of what will occur during their time in the program.

Visitation Process

Upon completing the intake process, families will be asked to set a regular appointment time. The treatment process will take between **four and eight sessions** depending on the family dynamics that are occurring. In addition to family TSV sessions, ongoing feedback sessions will occur with all parties separately through the treatment period. For non-custodial parents/guardians, this includes being provided with feedback about parenting style and choices one-on-one with the treatment provider. For custodial parents/guardians, this includes being given updates on the progress of the sessions. These sessions are typically 15-30 minutes long and are scheduled before or after the TSV session.

Discharge Process

It is the hope that after the four to eight sessions, families will be referred for services elsewhere. This could include supervised visitation, unsupervised visitation, and/or family therapy. Importantly, while TSV providers can give recommendations to the Court, it is within the Court's discretion to follow or reject the TSV provider's recommendation. When the family completes the TSV program, all parties will be issued a certificate of completion.

Updates to Referral Parties and Court

Treatment providers will provide written and/or verbal updates to the referral parties and Court as necessary during the intake, treatment, and discharge processes. Treatment providers will provide written status letters to the Court for court dates that take place while families are in the program and will also provide a status letter to the Court upon completion of the program with recommendations as to future direction for treatment (if any) for the family.

Referrals for Outside Services

During the course of the TSV program, treatment providers may refer family members for additional services outside of the TSV program. This includes, but is not limited to, recommendations for individual therapy, family therapy, psychiatric assessments, or psychological evaluations. If family members do not comply with these recommendations, the TSV process may not be able to continue.

Non-Confidentiality Warning

Families should be aware that nothing said during the TSV process is held in confidence from other parties in the family or from the Court. That is, there is no confidentiality with in the TSV program.

Attendance Policy

The Center requires families to cancel appointments 24 hours in advance of their scheduled appointment if all parties are unable to attend the appointment. If families do not provide notice 24 hours before their scheduled appointment, this is considered a late-canceled appointment. Families that miss without notice or late-cancel three sessions may be unenrolled in the TSV program. In addition, the Court and/or referral parties will be updated regarding the family's attendance at sessions.

If a family or family member is more than 15 minutes late to their scheduled appointment, the family may be asked to reschedule their appointment. Additionally, if any party is late, the appointment cannot be extended past the originally scheduled ending time of the appointment. Repeated tardiness to appointment may also result in the family being unenrolled in the TSV program.

Treatment providers and The Forensic Center are not responsible for ensuring that all parties attend their appointments and arrive on time. Families are encouraged to coordinate absences or tardiness to the best of their ability.

Fees for Services

All TSV sessions, both within the intake and treatment processes, are a flat fee \$30 (sliding scale fees may be available). This fee includes feedback sessions before or after the TSV meeting. For individual meetings during the intake process, if an individual has Medicaid insurance, The Forensic Center will bill Medicaid for that session and the individual will not be charged the sliding scale fee. **This only applies to individual sessions, however.**